

# When Burdens Are Too Heavy

## Luke 22:39-46

As Jesus Entered the Garden, it was the END of a Long & Difficult DAY, at the END of a Long & Difficult WEEK.

Jesus was Facing a Burden that not only made Him Sweat but Actually made Him Sweat Blood...(v. 44 Hematridosis)

Tday, we find Great Lessons about Dealing with our OWN Times of Great Trouble.

When the Burden was Too Heavy for Jesus, Notice...

### 1. JESUS DID NOT SHUT OTHERS OUT.

- If Jesus needed Others **HOW MUCH MORE** do you & I need Others?
- There is **Great Power in Partnership**...(Ecclesiastes 4:9-12)

### 2. JESUS DID NOT SHUT HIS FEELINGS UP.

- Jesus was **Being Honest** about **what He was Struggling with**. (Matthew 26:38)
- We need to **Identify Someone** or a **Small Group** of people that we can **Invite** into "**Our**" **garden of Gethsemane**. (Galatians 6:2)

### 3. JESUS DID NOT TRY TO DO IT HIS OWN WAY.

- People today **try Countless Ways to Escape** their **Fears & Burdens**.
- Jesus took **HIS Pain & HIS Need** to the Father **in PRAYER**. (Psalm 50:15; James 5:13)
- Jesus is **NOT Spared the Trial**, He's **Supplied strength to Face the Trial**.

### 4. JESUS CHOSE NOT TO BE DISOBEDIENT.

- In v.42, Jesus said, "**Nevertheless NOT MY Will, but YOURS be Done**"
- The **Greatest Possible Good** is to **DO GOD'S WILL Whatever the COST!**
- Jesus **Instituted** what's called the **LORD'S SUPPER** to **REMIND** the Lord's Disciples what **Jesus has done** for us..."Remember Me"
- Sometimes we **FORGET**...

- Are you going through the ***Most Difficult TRIAL*** of your life?
- ***IF SO...Take a Lesson & Remember our LORD JESUS...***